



10/12/2021

After significant consideration, our facility has decided to opt out of accepting medical insurance. This decision has not been easy, and we worry that we may lose relationships with patients we have been honored to take care of for several years.

This means that we will be considered “out of network” with all insurance companies. Many clients are able to utilize their out-of-network benefits for health care services and get reimbursed by their insurance company. For certain services, we will be able to provide you with a copy of a superbill, upon request, which you can submit to your insurance carrier for possible reimbursement. We encourage you to check with your health insurance carrier about submitting your bill directly to them for potential out-of-network reimbursement or applying your payment toward your insurance deductible prior to your appointment. We do not submit insurance claims for reimbursement and cannot assist with claims resolution.

You can often utilize the funds in your flexible spending (FSA) or health savings accounts (HSA) to pay for provided services and recommended supplements. It is important to check with your FSA/HSA about this option.

Here are the things that drove us to this hard decision:

1. Insurance pays nurse practitioners significantly less than the average reimbursement, and even less because we, as a small independent clinic, do not have the bargaining power necessary to negotiate contracts.

2. Insurance requires a significant amount of paperwork, and “check the box” activities, that we feel unnecessarily takes away from time we could be spending with you, as our patient, to provide the exceptional care you deserve. These requirements also significantly increase out costs.

3. As primary care providers, we make our living by what we get paid for office visits. Our source of income is the time we spend with you and other patients in the exam room. Unfortunately, insurers provide the least reimbursement for this, which is the one thing we spend the most time doing and is the most important part of healthcare. Our goal is to keep you healthy and keep you away from the things that cost the most: ER visits, unnecessary labs, hospitalizations and unnecessary procedures. We know that if we can prevent a single day in the hospital by keeping you healthy, we will save more money than you will ever spend in our office for your entire life.

We sincerely hope to see you in our new practice and look forward to the opportunity to be a part of you, unlocking the door to your health and wellness!

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